

SWIM LESSON REGISTRATION

Participants Full Name: _____ Birthday: ____/____/____ Age: _____

Parent/Guardian's Name: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Primary Phone Number: _____ Secondary Phone Number _____

Emergency Contact: _____ Phone Number: _____

Days/Times Available: _____

Any Special Needs? Yes ☐ No ☐ If yes what are they: _____

Current Swimming Level/Ability: _____

-----Please check the following lesson type-----

☐ **PRIVATE**

- \$132 Members
\$198 Non-Members
- 6 lessons; 30 minutes each
- 1:1 with instructor

☐ **SEMI-PRIVATE**

- \$96 Members / per child
\$138 Non-Members / per child
- 6 lessons; 30 minutes each
- up to 3 siblings of similar age/ability in class with an instructor

☐ **GROUP**

- \$66 Members
\$96 Non-Members
- 6 lessons;
30 minutes each
- 4-6 students in a class with an instructor

Payment is due before the first class. Do not pay for lessons until you are scheduled. Children under the age of 3 years old must have a guardian in the water with them during lessons. Private and semi-private lessons require a 24-hour notice for missing a lesson. If notice is not given, the lesson will be counted as a completed lesson. There are no make-up lessons given for group lessons unless the YMCA cancels a lesson. In that case, the makeup lesson will be added on the end of the 6-week schedule.

GOLDSBORO FAMILY YMCA RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA for my purpose including but not limited to observation or use of facilities or equipment or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, thereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities for equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereof and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation. IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING: THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releasers") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demand therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releaser or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in the any program affiliated with the YMCA, without respect to location. THE UNDERSIGNED HEREBY AGREES TO INDEMNITY, SAVE AND HOLD HARMLESS the releasers and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releasers or otherwise. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE due to negligence of releasers or otherwise while in, about, or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA. THE UNDERSIGNED further expressly agrees that the forgoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of North Carolina and that if any portion thereof is held invalid, it is agreed that the balance overall notwithstanding, continue in full legal force and effect. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, or inducement apart from the foregoing written agreement have been made. Coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Goldsboro Family YMCA programs or accessing Goldsboro Family YMCA facilities could increase the risk of contracting COVID-19. Goldsboro Family YMCA in no way warrants that COVID-19 infection will not occur through participation in program(s) of accessing Goldsboro Family YMCA facilities.

By signing this registration form, I _____, have read and understand the RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT on the reverse of this page and agree to abide by the rules set forth by the Goldsboro Family YMCA.


Signature


Date


Lesson Assessment


Please fill out the following questions:

WHAT AGE GROUP DOES THE STUDENT FALL INTO?

☐

 6 months–3 years
PARENT* & CHILD₁
 STAGES A–B

☐

 3 years–5 years
PRESCHOOL₁
 STAGES 1–4

☐

 5 years–12 years
SCHOOL AGE₁
 STAGES 1–6

☐

 12+ years
TEEN & ADULT₁
 STAGES 1–6

All age groups are taught the same skills but divided according to their developmental milestones.

WHICH STAGE IS THE STUDENT READY FOR?

Can the student respond to verbal cues and jump on land?

YES ☐ NO ☐

Is the student comfortable working with an instructor without a parent in the water?

YES ☐ NO ☐

Will the student go underwater voluntarily?

YES ☐ NO ☐ If "NO" do not finish the following questions.

Can the student do a front and back float on his or her own?

YES ☐ NO ☐

Can the student swim 10–15 yards on his or her front and back?

YES ☐ NO ☐

Can the student swim 15 yards of front and back crawl?

YES ☐ NO ☐

Can the student swim front crawl, back crawl, and breaststroke across the pool?

YES ☐ NO ☐

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

YES ☐ NO ☐

NOT YET

**A / WATER
DISCOVERY**

NOT YET

**B / WATER
EXPLORATION**

NOT YET

**1 / WATER
ACCLIMATION**

NOT YET

**2 / WATER
MOVEMENT**

NOT YET

**3 / WATER
STAMINA**

NOT YET

**4 / STROKE
INTRODUCTION**

NOT YET

**5 / STROKE
DEVELOPMENT**

NOT YET

**6 / STROKE
MECHANICS**

Please send completed document to Russ Pratt, Director of Aquatic Operations, at
Cynthia.Oxendale@GoldsboroYMCA.org.