

YMCA SWIM LESSONS

Frequently Asked Questions

What do I need to bring/do for the 1st day?

Your child does not need anything extra aside from bathing suit and towel. Have them out on the pool deck sitting on the bleachers ready to meet their instructor at the appropriate start time. The instructor will take attendance and get started. We provide any floatation devices that we may need or use.

Will my child be able to swim when this class is over?

That's a hard one to answer every child learns at a different rate. Their progress depends on where they started, how motivated they are & how much they practice.

How will I know how my child did?

At the end of the class you will get a skills achievement card indicating what skills your child accomplished, and what skills they still need work on. It will also let you know the level we recommend they sign up for next time. Included will be a parent evaluation form so you can let us know how we're doing.

What is the schedule like?

Our classes during the school year are held twice a week for 4 weeks for a total 8 sessions. All of our classes during the summer are 4 days a week for 2 weeks. That's 8 classes per session. Parent Child, Lil' Pike, Pike, Eel, Ray & Starfish classes are 30 minutes long and Polliwog, Super Polliwog, Guppy, Minnow, Fish, Flying Fish, Shark, Teen Aqua Force, & Adult classes are 45 minutes.

What if I miss a class.

Missed group lessons due to absence or tardiness will not be made up. Missed private lessons, 48 hours notice will be needed to reschedule a missed class. Exceptions will be made for children who will not participate due to anxiety/fear reasons, or extended illnesses.

Will class be cancelled due to bad weather?

In the event of severe weather, i.e. thunderstorms, a safety class will be taught. All of our swimming levels have water safety requirements that we will cover at one time during inclement weather, instead of spreading it out over the session. If there is more than one class canceled due to inclement weather, make up sessions will be held.

Should I stay and watch?

That's up to you. Most children do just fine with their parents watching. Some children can become very distracted by their parents or will want them to be with them the entire time. The best solution for this is for the parent to leave the pool area. Our instructors are working very hard to build their trust and get them to try new things. Please try to refrain from giving in to their simple request such as - wiping eyes, drying face, making you stay close...

Do I have to stay?

As soon as we take them at the start of class, you are welcome to leave, just be back when the class ends.

Who can I talk to if I have questions, comments, praise or concerns?

My name is Christine Bandy and I am the Aquatics Director here at the Goldsboro Family YMCA. My office is the glass door by the shallow end of the main pool. I am usually around regular business hours, just stop by or call me at 778-8557. christine.bandy@goldsboroymca.org